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From the Director

What is it like as a parent to be told that your child may not live past the age of 8-years-old?

I have often asked myself this question in reflecting with awe on the strength, courage and tenacity it took for my parents to push forward with two children facing such an unknown future.

In 2008, when our economy took such a tragic dive, I was faced with a similar question of what the future of the Cystic Fibrosis Lifestyle Foundation would be. Like my parents did more than three decades ago, I took a deep breath, pushed on, and faced what challenges were ahead. Having survived such devastating economic stress, the CFLF was forced to develop new means of reaching support from individuals, and diligently scrutinize our every decision.

Such hard work and faithful dedication of the many volunteers, Board members past and present, staff and donors have sustained the organization, and have brought the CFLF to it’s most successful year in 2012! In the past year, more than double the number of Recreation Awards were made than in any previous year, bringing the total to 240 ways in which peoples lives were improved through recreation activities.

The CFLF also undertook a partnered production during 2012 with CysticLife.org in creating the video documentary “Living Xtreme: Beyond Cystic Fibrosis”. This film is capturing the lives and stories of people across the country who push their abilities beyond the perceived limits of CF through extreme sports and activities. Nearing completion, this film provides inspiration and hope to the many people young and old that CF can just be one of many drives in pursuing a healthy and active life.

It is with great excitement that I look forward into the 10th year of the CFLF, in continuing through 2013 to bring the organization to yet another higher level of capacity, fortification and impact on people’s lives in learning to live successfully with Cystic Fibrosis.

Brian Callanan, M.Ed.
Letter from the Chairman

The importance of our mission at Cystic Fibrosis Lifestyle Foundation has never been more clear.

Many families struggled financially in 2012, as has been the instance for the prior few years. Often this leaves little room in the budget for ‘discretionary’ costs such as recreational items and activities. At CFLF we recognize that there is nothing optional about utilizing physical activity as an important tool for living with cystic fibrosis, and are determined to fill that financial need. We all know that regular exercise and recreation is beneficial but for those living with CF it is essential. With this critical emphasis, our focussed outreach efforts have been targeting CF physicians, care providers and related organizations to increase public awareness and exposure of CFLF as a resource for patients, and in turn, generate more submissions of grant applications.

Thanks to the support of donors, volunteers, staff and board members the CFLF was able to provide almost double the number of Recreational Grants than in any prior year! In 2012, a total of 85 recipients were provided direct financial assistance in more than half of the fifty states, for all types of activities ranging from Athletics to Zumba.

You will notice as you read through our annual report that we have seen a steady and significant increase in the number of grant recipients over the last two years. We are very proud of each and every person the CFLF has been able to help, and plan to make 2013 and even greater success.

Of course the increasing quantity of grants also equates to increased dollars that are provided to change the direction of peoples’ lives. In 2013, there has been $10,000 per month committed to Recreation Grants, almost triple previous years budgets. This is possible because of the generous donors who understand and appreciate our mission and the tireless efforts of our volunteers, staff and board members. It is thanks to these people that the CFLF has and will continue to help children and adults take the first step or continue their mission toward LIVING STRONGER and LIVING LONGER lives with cystic fibrosis.

Eric Fleming  
CFLF Board of Directors, Chairman
Overview

The 2012 year proved CFLF to be a sustainable and consistently growing organization, which has set its sights on moving to the next level. The support of philanthropists, grassroots fundraising and grants from foundations and corporations was more balanced in 2012 than ever before. Having received greater levels of unrestricted grants enabled CFLF to put 100% of fundraising dollars into direct programming. 2012 maintained a conservative approach, while infusing optimistic and realistic targets of growth.

- Total 2012 income was $218,664.44 (146% growth over 2011)
- Total 2011 expense was $221,569.99 (150% increase over 2011)
- End of year assets reduced from $18,039 to $17,124
- Total grant income was $118,009
- Total fundraising income was $48,558

Approach

The past year has enabled the CFLF to achieve its goal of diversifying income sources along with strengthening existing programs, and sustaining a solid base of public support. With monthly Finance Committee meetings and Board oversight, the improved fiscal accountability in implementing a tightly balanced budget has maximized the organization’s utilization of resources. The economic environment of 2012 demonstrated increased fund availability, and the previous years of greater dependency on strengthened grassroots efforts has combined to prove an impressive and formidable year end to report on.

Goals

Transparency is always an ultimate goal of CFLF, especially in helping each donor to realize the actual impacts of their support. The goal of committing 100% of fundraising event dollars directly to Recreation Grants was achieved this year by supporting the fiscal needs of CFLF operations through larger corporate and foundation based grants. In having administrative costs covered, donors could be assured at all 2012 events that every penny raised through their participation would change a life.

Expenses

- Programming
- Fundraising
- Administrative

<table>
<thead>
<tr>
<th>Year</th>
<th>Programming</th>
<th>Fundraising</th>
<th>Administrative</th>
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<tr>
<td>2010</td>
<td>118,269</td>
<td></td>
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</tr>
<tr>
<td>2011</td>
<td>145,540</td>
<td></td>
<td></td>
</tr>
<tr>
<td>2012</td>
<td>221,570</td>
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</tbody>
</table>
2012 Grants

Number of Awards per year

- CF Awards
- Mentor / Peer Support Awards

Grant Funds by Activity

- Loretta Morris Recipient Funds
- Mentor / Peer Support Funds
- Recipient Funds

*Examples include: horse lease, exercise machines, snowboard/ski rental
Recreation Grants

The CFLF is about guiding the choices made to live successfully with CF. Through recreation grants and educational programs, CFLF assists people living with CF to thrive, not just survive. By fostering healthy and active lifestyles through fitness, exercise, good nutrition and outdoor recreation activities, CFLF educates people living with Cystic Fibrosis on the critical psychological, social and emotional connections between their lifestyle and their health.

The Reality

“Ireland and I are grateful and feel blessed to have found the assistance this grant has provided to keep her active. As a single mom, the medication expenses do not allow us to do much extra, but with the miracle that was provided to our family, Ireland has an opportunity to be active in dance. Starting such activities like dance and swim at an early age will teach Ireland the importance exercise has on our bodies, CF or not. Since Ireland has been involved with dance I have noticed an improvement in the digestion issues she often faces. Last year, she seemed to be out of breath at play (she would say “The breathy thing is happening”). This year, after getting her involved in activities, I have noticed she has not said she was having trouble as much. I only wish we could personally thank everyone for the gift of having a chance at a quality life.” - Ireland’s mom, Erin

“I am so grateful that I will be able to keep up with the thing I love most that also helps me stay healthy and happy. I hope to one day use my ballroom dancing talents to raise awareness for Cystic Fibrosis... I can’t wait to send you some photos and videos of how this grant has and will truly make such a difference in my life (and for the good!!!!) I truly cannot thank you enough!! Please give everyone at the CF Lifestyle Foundation a bunch of hugs and thanks from me!! You are so amazing! Thank you for helping my dreams come true. Off to dance...” - Della Anne

“CFLF has been a great help. I was always the ‘poster child’ for the CF center I went to every 3-months. I never had to be hospitalized and played aerobic sports all my life. My lung function scores (PFTs) were in the 90’s percentile until I went to college. My second semester of college I caught pneumonia in February and spoke to my doctor which was two hours away but did not catch it until July. By then it was too late, and my PFTs dropped to 32 percentile, I lost 18 pounds, and I couldn’t walk up a flight of stairs. Luckily, two years ago I found out about CFLF and decided to apply to help me get the funds to pay for a gym membership where I could start exercising again. After 2 years of going to the gym every week, lifting weights, doing cardio exercises, using my breathing treatments, eating as much as I can, and two sinus surgeries, I finally am starting to feel like I once used to. I am running on the treadmills daily, almost stronger than I have ever been, and only 5 pounds away from my weight when I was completely healthy. My PFTs are back up in the 60’s, and hopefully climbing. I finally feel great again, and have the faith and determination I need to work hard and live a long healthy life. CFLF has given me the funds and resources that I need to reach this milestone in my life and I hope they are able to continue doing the same for others.” - Larry
The Rationale

The experience of living with cystic fibrosis is markedly different today than it was decades ago. Thanks to the discovery of the CF gene, the availability of effective drug therapies and advances in technology, the 30,000 Americans who deal with the disease day in and day out are living longer and fuller lives.

A preventative and proactive approach to living with CF is increasingly needed as the population of CF patients living into adulthood continues to grow. In the United States, 43% of all CF patients are over the age of 18 and the mean survival age is currently 36.5 years, increased from two years old before the mid-1960's.

Nonetheless, cystic fibrosis remains a chronic life threatening disease. CFLF strives to address the need to supplement traditional medical treatment for CF with ongoing recreational exercise. Fostering a healthy and active lifestyle is critical as adolescents and young adults become socially independent and responsible for their own care. Exercise continues to gain attention as a medical necessity for people with cystic fibrosis, but incurs associated costs not typically covered by health insurance plans.

Activity camps for cystic fibrosis providing essential peer support and exercise based programs have ceased to exist since the 1970's due to development of drug-resistant bacteria and the threat of patient infection. Strict infection control is why CFLF strives to promote exercise-based recreation for people with cystic fibrosis on an individualized case-by-case basis.

Recreation Grants, which may be coupled with a mentor or peer support, offer exercise as a supplemental means of airway clearance and expansion. When an award is made, CFLF makes direct payment to an activity provider (i.e., a gym or camp) to assure the designated funds are utilized as they are intended.

The Education

In the past nine years, the CFLF has helped and encountered an amazing population of people with cystic fibrosis willing and determined to not only survive, but to also thrive. However, a challenge has always been reaching and inspiring the many people with CF who are not in need of financial assistance, but still struggle with the acceptance and determination to face this challenge head on.

In 2012, the CFLF partnered with two other organizations in the undertaking of an HD video documentary, “Living Xtreme: Beyond Cystic Fibrosis”. This project highlights the lives and stories of people with Cystic Fibrosis who engage in extreme activities and physical lifestyles. The subjects are individuals who not only choose to be empowered by their disease, but also overcome the challenges in living beyond any perceived limitations of CF.

This short film demonstrates to members of the Cystic Fibrosis Community, along with the general public, how exciting, active and rich life with Cystic Fibrosis can be. In addition, a full-length documentary, which will build upon the short film is to follow.

Currently a five-minute trailer can be viewed online at www.LivingXtreme.org.
With a total of 85 Recreation Grants awarded in 2012, a total of 241 awards have been made since 2007 when the program began. This map illustrates the geographic distribution of grant recipients throughout this past year. In the following pages, you will see that the activities of interest that were funded by these Recreation Grants are equally as diverse as the geography.

One of the limiting factors of the CFLF Recreation Grant program is that it’s reach in the CF community inherently targets those in financial need. The undertaking of the video documentary “Living Xtreme: Beyond Cystic Fibrosis” enabled the reach of the CFLF mission to bypass socio-economic boundaries, and begin to provide the inspiration and importance of active lifestyles to all people with CF, along with family and loved ones that are so critical in not only surviving, but thriving with cystic fibrosis. This project aims at having a much deeper and global impact as a new and positive resource in the daily life of CF.
Geographic distribution of all CFLF grant recipients since 2007.

Breanna Schroeder
2012 Recipient

Mikayla McDonald
2012 Recipient

Kaitlyn Vargas
2011 Recipient

Mikayla McDonald
2012 Recipient
2012 Grant Recipients

Sophia Haga
Galax, VA
Gymnastics

Emma Sullivan
Windham, NH
Gymnastics

Brianna McCullough
Plymouth Meeting, PA
Gymnastics

Paul Glynn
Forestdale, MA
Hockey

John Glynn
Forestdale, MA
Hockey

Bryan Gracey
Portage, MI
Hockey

Maelee Adams
Mesa, AZ
Misc. sports

Tara Gire
Sheldon, MO
Show choir

Tristin Houck
Pleasant Lake, IN
Soccer

Brianna Labiak
Conway, SC
Surfing

Christopher Machuzak
Medford, NJ
Tennis

Ian Wissel
Maplewood, NJ
Tennis camp

Molly Manczuk
Napolean, MO
Volleyball League

Laura Jay-Ballinger
Plainfield, IN
Zumba Classes

Kristin Wynia
North Vernon, IN
Gym membership

Jennifer Gavilanes
Orange, CA
Gym membership

Cynthia Cram
Los Angeles, CA
Gym membership

Jamie Nichols
Richfield, MN
Gym membership

Martha Garvey
Maplewood, MN
Gym membership

Michael Callanan
Ridgewood, NJ
Aquatics
Amanda Murphy
Abington, MA
Dance Classes

Jessica Davis
New York, NY
Gym membership

David Moore
Corona, CA
Martial Arts

Mikayla Polski
Rosemount, MN
Aquatics

Sean Bowden
Narragansett, RI
Golf

Raizel Grossbaum
Morristown, NJ
Summer Camp

Michael Hanania
Jacksonville, FL
Summer Camp

Jacob Hanania
Jacksonville, FL
Summer Camp

Paige Schreiber
Abbotsford, WI
Gym membership

Kailey Medley
Petaluma, CA
Cheerleading

Jeremy Katz
Hicksville, NY
Gym membership

Mikayla McDonald
Montpelier, VT
Yoga Classes

Christina Carney
Riverside, CA
Gym membership

Jason Villella
Winfield Park, NY
Camp - Sports

Caroline Webber
Tega Cay, SC
Aquatics

Cody Miller
Lakeville, OH
Martial Arts

Jesus Chavez
Los Angeles, CA
Gym membership

Monica Campa
San Fernando, CA
Gym membership

Joslind Gibbs
New Philadelphia, OH
Dance

Shawn Wagner
Yankton, SD
Gym membership
<table>
<thead>
<tr>
<th>Name</th>
<th>City</th>
<th>State</th>
<th>Activity</th>
</tr>
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<tbody>
<tr>
<td>Grace Quartarone</td>
<td>Marshfield</td>
<td>MA</td>
<td>Dance</td>
</tr>
<tr>
<td>Samantha Rick</td>
<td>Quincy</td>
<td>CA</td>
<td>Snowboarding</td>
</tr>
<tr>
<td>Kayla Flint</td>
<td>Starksboro</td>
<td>VT</td>
<td>Field Hockey</td>
</tr>
<tr>
<td>Megan Dewald</td>
<td>Jamestown</td>
<td>ND</td>
<td>Gym membership</td>
</tr>
<tr>
<td>Adam Ramirez</td>
<td>Pearland</td>
<td>TX</td>
<td>Gym membership</td>
</tr>
<tr>
<td>Kimberly Barberee</td>
<td>Dallas</td>
<td>TX</td>
<td>Gym membership</td>
</tr>
<tr>
<td>Grant Manczuk</td>
<td>Napolean</td>
<td>MO</td>
<td>Aquatics</td>
</tr>
<tr>
<td>Emma Baker</td>
<td>Wallingford</td>
<td>VT</td>
<td>Skiing</td>
</tr>
<tr>
<td>Timothy Bauer</td>
<td>Pittsburgh</td>
<td>PA</td>
<td>Cycling</td>
</tr>
<tr>
<td>Karen Giovannetti</td>
<td>Ewing</td>
<td>NJ</td>
<td>Lung Therapy</td>
</tr>
<tr>
<td>Theresa Webber</td>
<td>Tega Cay</td>
<td>SC</td>
<td>Various sports</td>
</tr>
<tr>
<td>Mona Rinez Campbell</td>
<td>Bakersfield</td>
<td>CA</td>
<td>Gym membership</td>
</tr>
<tr>
<td>Victoria Thompson</td>
<td>Denver</td>
<td>CO</td>
<td>Snowboarding Pass</td>
</tr>
<tr>
<td>Annika Shelstad</td>
<td>Minneapolis</td>
<td>MN</td>
<td>Yoga Classes</td>
</tr>
<tr>
<td>Sara Martins</td>
<td>Peabody</td>
<td>MA</td>
<td>Dance / Cheerleading</td>
</tr>
<tr>
<td>Sharla Smock</td>
<td>Newhall</td>
<td>CA</td>
<td>Gym membership</td>
</tr>
<tr>
<td>Veronica Walsh</td>
<td>Wilmington</td>
<td>MA</td>
<td>Sports Camp</td>
</tr>
<tr>
<td>Alexa Dunsmore</td>
<td>Venice</td>
<td>FL</td>
<td>Dance / Cheerleading</td>
</tr>
<tr>
<td>Della Anne Gallagher</td>
<td>Waxhaw</td>
<td>NC</td>
<td>Dance / Cheerleading</td>
</tr>
<tr>
<td>Rex De Leon</td>
<td>Carteret</td>
<td>NJ</td>
<td>Gym membership</td>
</tr>
<tr>
<td>Tasha Lapine</td>
<td>Swanton</td>
<td>VT</td>
<td>Yoga</td>
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<tr>
<td>Gina Ruiz</td>
<td>Wharton</td>
<td>NJ</td>
<td>Gym membership</td>
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<td>Saveera Jan</td>
<td>Houston</td>
<td>TX</td>
<td>Gym membership</td>
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<td>Ashlee Skow</td>
<td>Reno</td>
<td>NV</td>
<td>Yoga</td>
</tr>
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<td>Abigail Lomas</td>
<td>Surprise</td>
<td>AZ</td>
<td>Martial Arts</td>
</tr>
<tr>
<td>Mychael O'Brien</td>
<td>Marietta</td>
<td>GA</td>
<td>Dance / Cheerleading</td>
</tr>
</tbody>
</table>

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CFLF,

Thank you so much for the grant to get my seasons pass.
I am so excited to get on the mountain and snowboard!
I am looking forward to breathing the fresh Colorado Mountain Air and testing my strength and endurance while having a great time.

Thanks A Ton!

Vicki Thompson

---

Dear CFLF,

I just wanted to thank you for my recreation grant. I was able to get a season pass at Squaw Valley's Alpine. It was my first season back on the mountain after my lung transplant. It meant the world to me & my boyfriend to get after it again together.

Your support and encouragement to the CF community gives hope and motivation to all of us wishing you the best! 🖤 Samantha's Kids

---

Thank You for the grant money to help with my dance lessons. Sincerely, Amanda

Thank you.
Loretta was born March 31, 1950 and died in November 1971, at the age of 21 years. Her Cystic Fibrosis diagnosis did not come until she was 16 years old. In spite of her illness she enjoyed the recreation activities of horseback riding and dance, and was also an avid reader. She was attending California State University at Northridge at the time of her death. She worked part time in the University Library. Not letting CF hold her back, in the last few years of her life she traveled with a good friend to Ireland. She and her sister Barbara traveled through the Pacific Northwest and to British Columbia just two months before her death.

In honor of her sister, Barbara and her siblings established the Loretta Morris Memorial Fund in 2010. Since then, twenty-eight other donors have joined them to help CF patients share in the activities which have been enjoyed by Barbara and Loretta. Barbara was not diagnosed with CF until she was 64 years old. She is still leading an active life and regularly swimming laps. Grants are focused on California residents, and are primarily awarded for:

<table>
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<tr>
<th>Activity</th>
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<tr>
<td>Horseback</td>
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<tr>
<td>Dance</td>
<td></td>
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<tr>
<td>Golf</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Aquatics</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Other</td>
<td></td>
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</tr>
</tbody>
</table>
Loretta Morris Fund Recipients

Jonathan Sautter
Los Angeles, CA
Aquatics

Sofia Valdez
Alameda, CA
Dance

Breana Schroeder
Long Beach, CA
Aquatics

Kayla Hays
Chippewa Falls, WI
Dance

Kevin Pollison
Succasunna, NJ
Aquatics

Katherine Low
Sandwich, MA
Dance Classes

Olivia Sturgill
Nashville, IL
Golf

Sabrina Ness
West Lakeland, MN
Piano & voice lessons

Elizabeth High
Montvale, NJ
Dance Classes

Ireland Nolan
Selgin, IL
Dance Classes

Audrey Nadeau
Newton, NH
Dance Classes

Taylor Brown
Francis Creek, WI
Dance Classes

DeAnna Farnham
Fairfax, VT
Aquatics

Nathan List
Oakdale, CA
Rock Climbing

Molly Pam
New York, NY
Dance / Cheerleading

Kathleen Ryan
Portola Hills, CA
Horse Back Riding

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Supporting Organizations

Foundation Care Pharmacy
Since 2010, Foundation Care has supported the CFLF with both funding and promotional support throughout the year. Foundation Care serves as a full service retail pharmacy that provides customized patient care and personalized service focused on patients' health and well-being at the core. Based in St. Louis, MO, patients are served locally and nationally with a specialty focus on respiratory and diabetic treatments.

Compass Furnished Apartments
Based in Boston, MA, Compass has been a wealth of resource to the CFLF since 2007. The company's generous contributions have ranged from event sponsorship, to corporate holiday gifts in honor of preferred customers, to administrative support.

Organic Return
In 2012 the CFLF underwent a complete renovation with the donated services of Organic Return. As part of the social responsibility of the newly founded company, over six months of dedicated time and effort build an interactive site.

IBM Employees & Retirees Giving Campaign
Established as a nominated organization in 2008, the CFLF receives bi-weekly financial support contributed by IBM employees and retirees through automated payroll or pension deductions. This source of continual income provides ongoing sustainability to the operations of the CFLF.

Genentech
Through an unrestricted charitable grant, Genentech provided substantial assistance to the CFLF in 2012. Genentech is the manufacturer of Pulmozyme, a mucolytic medicine that is nebulized by patients with cystic fibrosis in order to create a more normal viscosity of mucous membranes.
**Vertex Pharmaceuticals**

As one of the most up and coming companies involved in the development of cutting edge CF treatments, the promise of Vertex medications including Kalydeco and other combinations of medications has created tremendous progress and hope in the CF community by addressing the root causes of abnormal mucous. A significant grant to the CFLF in 2012 supported the tremendous growth of the organization throughout the previous year.

**SalesForce Foundation**

The annual in-kind support from the SalesForce Foundation provides CFLF with an invaluable Customer Relations Management (CRM) cloud software that has exponentially escalated the operations of the organization. This tool manages all of the donations, grants, awards, and campaigns, and reports that are generated by CFLF. This unbelievably powerful system has revolutionized CFLF as it continues to grow.

**Google Grants**

CFLF received an ongoing grant in 2012 from Google Grants that has provided in-kind support online, which has enabled significant growth of public presence. Through the free utilization of Google Apps and Google Adwords, this generous support of CFLF has opened many new and exciting opportunities for putting this powerful mission forward in the online marketplace.

**Thank you...**

CFLF would also like to extend acknowledgement and gratitude to the many other organizations that generously contribute financial and in-kind support anonymously. In particular, the majority of professionally printed materials was donated 100% through an anonymous corporate contribution.
Ways to Give

Board of Directors
The CFLF Board has ongoing need for support and involvement of volunteers on both the Board and Committee levels. Specific areas help is needed include financial oversight, website and online development, organizational development, and community outreach. Please visit the Board of Directors page on the CFLF website for more information.

Hosting a private or community event
Whether it is a backyard pool party, happy hour gathering at a local establishment, 5k walk/run in your neighbor, or bringing a team together for a larger existing marathon, ride or triathlon, there are several ways that the CFLF could benefit from nationally based grassroots events. Logos, apparel and promotional materials can be supported upon request.

Applying to a local family foundation
Individuals across the country have reached out to family, friends and neighbors who have connection to or involvement in smaller family foundations and funds. The incredible generosity that exists in the thousands of opportunities for support are mostly accessed through personal connection and recommendation of directed disbursements. The CFLF asks its supporters to submit requests and applications for one-time or recurring grants to be awarded to this cause. Support is available upon request.

Accessing your employer’s match
Most employers support the causes that are important to their employees. If you are making a contribution to the CFLF through online or mail, please consider checking with your employer to double your gift. Also, employers associated with the United Way are able to automatically deduct from payrolls for a designated gift to the CFLF, as many large employers such as IBM and American Express also manage payroll managed contributions to the CFLF. Please consider this easy and painless way to support this mission.

Spreading the word
The CFLF currently has a mailing list of approximately 2,000 and email list of 1,700. While the organization does not purchase any contact lists, the ongoing expansion of outreach is critically dependent upon supporters spreading the word about the mission of CFLF, fundraising events, and ways in which family, friends and loved ones have been directly aided by the programs of this organization. Please let others know of the good works this organization has provided and continue to grow, and materials to provide to others will be sent to you upon request.
Fundraising

Breathe Deep for CF
Celebrating ongoing success, the “Breathe Deep for CF” social event has established awareness of Cystic Fibrosis and the importance of exercise in both the Boston and northern New Jersey area. An impressive 100% of funds raised in 2012 through admission, general donations and silent auction have been used to award Recreation Grants to people with CF across the country. In the five years the event has occurred in Boston, and two years in NJ, “Breathe Deep for CF” has generated over $40,000 for the CFLF.

Champ’s Challenge for Cystic Fibrosis
The sixth year of Champ’s Challenge cycling event continued yet another successful turnout with 100% of proceeds going directly to Recreation Grant awards. The multi-level bike rides combined with a BBQ reception and raffle on the shore of Lake Champlain attracted participants and supporters from across the country. In promoting the importance of an active lifestyle for people living with CF, this event holds great significance by engaging supporters of CFLF in practicing the mission of CFLF, while also contributing to the cause through outreach and fundraising. This event has generated over $75,000 for the CFLF since it’s inception in 2007.
2012 Board of Directors

Executive Committee

Chairman
Eric Fleming - Cohasset, MA

Vice-Chairman
Edward Norton - Ridgewood, NJ

Treasurer
Patrick Collopy - Brooklyn, NY

Secretary
Debra Maloney-Evans - Northfield, VT

Board Members

Amanda Barna - Akron, OH
Barbara Harison - Ventura, CA
George Kelly - Glenwood Springs, CO
Thomas Schervish, II - Navarre, OH
David Theran - Boston, MA
Kenneth Wiehe - Walnut Creek, CA

CFLF assists in providing avenues toward healthy and active lifestyles through recreation, thereby educating people with Cystic Fibrosis on the critical psychological, social and emotional connections between their lifestyle and their health.